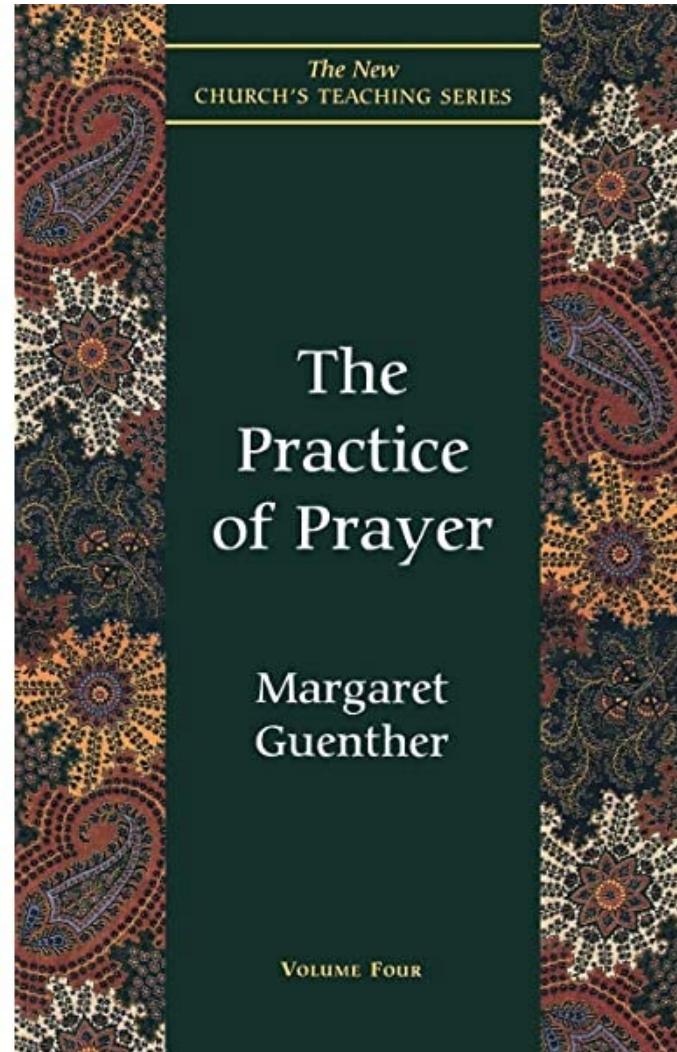


Margaret Guenther

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212 pages, including endnotes, resources and questions for discussion





What is prayer?

Prayer is responding to God, by thought and by deeds, with or without words.

~Catechism, BCP 856



Prayer as Practice

Prayer is intimate

Prayer is not linear

Prayer is counter-cultural



Types of Prayer

Adoration



Types of Prayer

Adoration

Thanksgiving



Types of Prayer

Adoration

Thanksgiving

Confession



Types of Prayer

Adoration

Thanksgiving

Confession

Intercession

Intercession

“Since we are all made in the image of God, united in our sinfulness and our glory, intercession is a democratic kind of prayer: we can all intercede for on another. We can name before God those in any need or trouble, known to us or unknown. This is the prayer of the family of believers, praying *through* Christ *in* the company of the faithful.”

p54



Types of Prayer

Adoration

Thanksgiving

Confession

Intercession

Petition



Individual and Communal— Table Discussion

All of the types of prayer can be both individual and corporate.

What are the parts of the service which illustrate each of these 5 types?

Can you think of a time that you have prayed—with or without words—a prayer of one of these types?



Centuries of Prayer: a history of praying offered through the faithful

Ignatian Prayer

Centering Prayer

Lectio Divina

The Jesus Prayer

Books of Prayers



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